

Workshop Title: Mending the world one song at a time: experimenting as a revolutionary act

Facilitator: Aline Giordano and Malcolm Parlett

Facilitator Biography:

Aline Giordano is a systemic embodied coach, tutor and Kambo practitioner. She uses music and creative writing in her practice – whether with one-to-one clients or large groups in organisations. Her practice is grounded in Relational Organisational Gestalt (ROG) and the phenomenology of listening. Aline is the author of ‘The Cure: separation, loss and song parody’, published in the British Gestalt Journal (2023). She is a member of the EAGT GPO Committee, and is a ROG Associate Faculty member at Relational Change.

Malcolm Parlett has long experience of gestalt practice. He was the co-founder of GPTI, the first editor of the British Gestalt Journal, and has written extensively about field theory. His current interest is in basic gestalt-supported human capabilities and their revolutionary potential. He is the author of ‘Future sense: five explorations of whole intelligence for a world that’s waking up’ (to be re-issued in 2024).

Capacity: 20

Outline / Aims:

In this workshop we shall listen to music and stories, and cultivate an experimental attitude. We will invite you to step outside of your comfort zone to try things out. Immersed in the experience of listening with our whole bodies, we will discover our similarities and differences. In the playful sharing of meaning with others, we extend our own experience and open possibilities for other people. We hold that our partiality is not an obstacle that hinders our understanding. We can dare the untried and release our capacity for novelty, vitality, and joy. While the political apparatus seeks to dehumanise and control populations, we can follow Paul Goodman’s revolutionary values, daring to question dominant patterns of thought that we can so easily introject.

Alignment:

We envisage a close connection with the conference theme. Playful experimentation is the antidote to stuckness. Our work is inspired by Paul Goodman, Joseph Zinker, and Edwin Nevis.