

Opening Plenary Title: Stuckness and Play, Three ways

Facilitators: Jon Blend and Roz Carroll

Facilitator Biography:

Jon Blend, MA is a UKCP registered Gestalt psychotherapist, child psychotherapist, clinical supervisor and musician. He maintains a psychotherapy practice in London seeing adults, children, and supervisees.

Jon is a faculty member of the Institute for Arts in Therapy and Education, Director of Gazebo Training School, advisor to the Violet Oaklander Foundation and an approved Oaklander trainer. Since 2002 he has taught Oaklander's play- based approach to projective- arts therapy, delivering workshops and presentations to Gestalt institutes across Europe, North America and UK. His background includes forty years working in adult and child mental health, social work and performing arts.

www.gacp.co.uk

Roz Carroll is a registered body psychotherapist (UKCP). She taught on the MA in Integrative Psychotherapy at the Minster Centre for 14 years, at The Bowlby Centre for seven years, and was a regular speaker at Confer for 20 years. An evolving interdisciplinary understanding of embodiment has been central to her work as a psychotherapist, supervisor, trainer, and writer. Her writings include chapters in Embodied Approaches to Supervision, Ed. C. Butte & T. Colbert (2022), What is Normal? Psychotherapists Explore the Question Eds J. Ryan & R. Carroll (2020), and Talking Bodies, Ed. K. White (2014). www.thinkbody.co.uk



Capacity: All Delegates

Outline / Aims:

This is an opportunity for extended Q & A, discussion and elaboration of themes arising from the previous session. It will be an opportunity for sharing and digesting

and reflecting on our relationship with stuckness and play personally and in clinical settings.

Jon Blend and Roz Carroll have co-facilitated workshops and teaching for over 15 years and have co-authored a description of their joint approach in Blend, J. & Carroll, R. (2020) 'Witnessed Improvised Diaspora Journey Enactments (WIDJE): an Experiential method for Exploring Refugee History.' *Transactions: Jewish Historical Studies*, vol 51: 1